

## RACING NSW RACE DAY CONTROL OF MEDICATION

A FUNDAMENTAL PRINCIPLE OF AUSTRALIAN RACING IS THAT HORSES MUST RACE FREE OF THE PHARMACOLOGICAL (OR TOXICOLOGICAL) EFFECTS OF DRUGS OR OTHER SUBSTANCES.

TO MAINTAIN THIS PRINCIPLE, IT IS **NOT PERMITTED TO ADMINISTER ANY MEDICATION TO A HORSE ON RACE DAY PRIOR TO IT RUNNING IN A RACE [AR 249(1)]**.

**"MEDICATION"** MEANS ANY TREATMENT WITH DRUGS OR OTHER SUBSTANCES.

AS A GENERAL PRINCIPLE, ANY SUBSTANCE ADMINISTERED WITH THE INTENT OR HOPE OF ACHIEVING A PHARMACOLOGICAL EFFECT/THERAPEUTIC EFFECT WILL BE CONSIDERED AS A MEDICATION UNDER THE RULES.

### PRODUCTS THAT CLAIM TO PROVIDE PHARMACOLOGICAL EFFECTS AND TO BE UNDETECTABLE

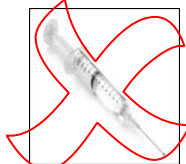
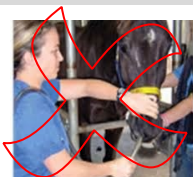
THERE ARE NUMEROUS PRODUCTS, OFTEN HERBAL OR HOMEOPATHIC PREPARATIONS, THAT CLAIM TO PROVIDE SIGNIFICANT PHARMACOLOGICAL EFFECTS SUCH AS A DIURETIC ACTION, ANALGESIA, ANTI-INFLAMMATORY ACTIONS OR BRONCHODILATOR ACTIONS AND ALSO CLAIM TO BE UNDETECTABLE BY LABORATORY TESTING.

THESE TYPES OF PRODUCTS FALL WITHIN THE DEFINITION OF A MEDICATION AND ARE NOT ALLOWED TO BE ADMINISTERED TO A HORSE ON RACE DAY PRIOR TO RACING

### ROUTES OF ADMINISTRATION OF MEDICATION **NOT** PERMITTED ON RACE DAY

ANY SUBSTANCE ADMINISTERED TO A HORSE ON RACE DAY PRIOR TO RACING BY INJECTION, STOMACH TUBE, PASTE, DOSE SYRINGE, TOPICAL APPLICATION OR BY INHALATION, AMONGST ANY OTHER ROUTES OF ADMINISTRATION, **WILL BE CONSIDERED A MEDICATION**.

ONLY NORMAL FEEDING AND SUPPLEMENTATION, ACCORDING TO THE MANUFACTURE'S RECOMMENDATIONS FOR NORMAL DAILY USE, THAT CAN BE ACHIEVED BY THE HORSE VOLUNTARILY EATING OR DRINKING THE FEEDSTUFF CAN BE CONSIDERED ACCEPTABLE ON THE DAY OF RACING



### PHYSICAL THERAPIES **NOT** PERMITTED ON RACE DAY

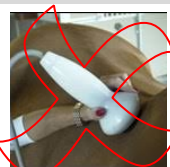
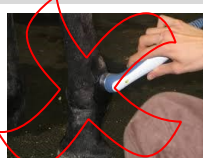
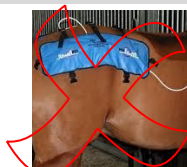
THE FOLLOWING PHYSICAL THERAPIES ARE **NOT** PERMITTED, BY ORDER OF THE STEWARDS, TO BE USED AT ANYTIME BEFORE RACING ON THE DAY OF RACING:

ACUPUNCTURE (INCLUDING LASER AND INFRA-RED TREATMENT)  
TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION (TENS)

MAGNETIC FIELD THERAPY  
THERAPEUTIC ULTRASOUND

CRYOTHERAPY  
CHIROPRACTIC MANIPULATIONS  
ANY OTHER FORM OF ELECTRICAL STIMULATION

**EXTRA-CORPOREAL SHOCK WAVE (ESWT)** TREATMENT OF RACEHORSES IS PROHIBITED FOR **SEVEN (7) CLEAR DAYS** PRIOR TO RACING (AR 86)



### PERMITTED ON RACE DAY

#### APPLICATION OF ICE/COLD WATER TO MUSCULOSKELETAL STRUCTURES

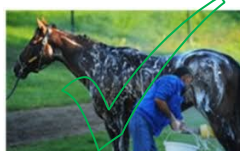
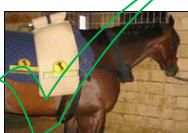
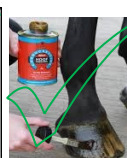
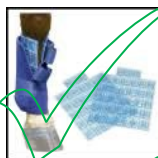
THE APPLICATION OF ICE OR CHILLED WATER, WHIRLPOOL BOOTS OR SYSTEMS SUCH AS 'GAME READY', TO MUSCULOSKELETAL STRUCTURES IS PERMITTED ON THE MORNING OF RACE DAY IN THE STABLES BUT IS **NOT PERMITTED ON THE RACECOURSE PRIOR TO A HORSE RUNNING IN A RACE**.

#### TOPICAL APPLICATIONS—SEEK PERMISSION

IN CIRCUMSTANCES WHERE A MINOR INJURY THAT DOES NOT AFFECT SUITABILITY TO RACE ARISES, BUT WOULD BENEFIT FROM THE PROPHYLACTIC APPLICATION OF A TOPICAL ANTIBIOTIC OR ANTISEPTIC, THE TRAINER MUST APPLY TO THE STEWARDS PRIOR TO RACING FOR PERMISSION TO APPLY THE MEDICATION. **ONLY THEN** IS SUCH A MEDICATION PERMITTED TO BE USED AND CARRIED ON COURSE.

#### POSSESSION AND ADMINISTRATION OF PROHIBITED SUBSTANCE AFTER RACING

IT IS AN OFFENCE TO POSSESS A PROHIBITED SUBSTANCE/EQUIPMENT AT A RACE MEETING, INCLUSIVE OF THE TRANSPORT VEHICLE (AR 251), OR ADMINISTER A PROHIBITED SUBSTANCE AFTER THE RUNNING IN A RACE, UNTIL THE HORSE HAS RETURNED TO THE STABLES (AR 246) WITHOUT THE EXPRESS PERMISSION OF THE STEWARDS.



#### APPLICATION OF HOOF OILS

THE APPLICATION OF ROUTINE HOOF OILS IS PERMITTED ON THE DAY OF RACING, EXCEPT IF PRODUCTS CONTAIN MEDICATION OR HERBS THAT CLAIM THERAPEUTIC EFFECTS SUCH AS ANALGESIA OR ANTI-INFLAMMATORY ACTIONS.

#### VIBRATORY MASSAGE

VIBRATORY MASSAGE E.G. EQUISSAGE SYSTEMS MAY USED IN THE STABLE ON THE MORNING OF THE RACE BUT ARE **NOT PERMITTED** ON THE RACECOURSE.

#### SHAMPOO, FLY SPRAY, BABY OIL AND PETROLEUM JELLY

SHAMPOO, FLY SPRAY, BABY OIL AND PETROLEUM JELLY ARE PERMITTED TO BE USED AND CARRIED ON COURSE.

**IF YOU ARE UNSURE PLEASE CONTACT THE STEWARDS DEPARTMENT OR VETERINARY DEPARTMENT ON (02) 9551 7541**