

## **RACING NSW CLEAR DAY RULE CHART**

THESE CHARTS RELATE TO THE RULES OF RACING WHICH PROHIBIT THE ADMINISTRATION OF SUBSTANCES OR TREATMENTS FOR A NUMBER OF CLEAR DAYS PRIOR TO A RACE, TRIAL OR JUMP OUT.

THE RULES DEFINE 'CLEAR DAY' AS A 24 HOUR PERIOD FROM 12.00AM TO 11.59PM. THESE CHARTS SEEK TO ASSIST TRAINERS BY VISUALLY SHOWING THE DAYS ON WHICH SUBSTANCES OR TREAT-MENTS CANNOT BE ADMINISTERED.

THE YELLOW HIGHLIGHTS REPRESENT CLEAR DAYS ON WHICH THE SUBSTANCE OR TREATMENT CANNOT BE ADMINISTERED.

THE GREEN HIGHLIGHTS REPRESENT THE DAY OF THE RACE, TRIAL OR JUMP OUT. (NOTE: RESTRICTIONS BEFORE RACE, TRIAL OR JUMP OUT VARY WITH THE PARTICULAR RULES)

THE RED HIGHLIGHTS REPRESENT THE LAST DAY THE SUBSTANCE OR TREATMENT CAN BE ADMINISTERED. THIS MAY NOT CORRESPOND WITH THE WITHDRAWAL TIME OF INDIVIDUAL MEDICATIONS. INDIVIDUAL ADVICE SHOULD BE SOUGHT.

THESE CHARTS SHOULD BE READ AND UNDERSTOOD IN CONJUNCTION WITH THE "RACING NSW CONTROL OF RACE DAY MEDICATION" INFORMATION POSTER.

### 8 CLEAR DAYS—ALL INTRA-ARTICULAR INJECTIONS (AR 87)

MON	TUES	WED	THUR	FRI	SAT	SUN	MON	TUES	WED	THUR	FRI	SAT
IA ADMIN	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT										
			IA ADMIN	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT					

#### 7 CLEAR DAYS—SHOCKWAVE THERAPY (AR 86)

MON	TUES	WED	THUR	FRI	SAT	SUN	MON	TUES	WED	THUR	FRI	SAT
	TREAT- MENT	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT			
				TREAT- MENT	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT				

# 1 CLEAR DAY—ALKALINISING AGENTS (AR 247), STOMACH TUBING (AR 255), ALL INJECTIONS (AR 254) AND ORAL ALTRENOGEST CONTAINING PRODUCTS

MON	TUES	WED	THUR	FRI	SAT	SUN
TREATMENT	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT				
			TREATMENT	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT	

#### **EXEMPTED SUBSTANCES**

MON	TUES	WED	THUR	FRI	SAT	SUN
	EXEMPTED SUBSTANCES	RACE DAY, TRIAL OR JUMP OUT				
				EXEMPTED SUBSTANCES	RACE DAY, TRIAL OR JUMP OUT	

THE FOLLOWING ORALLY ADMINISTERED SUBSTANCES ARE EXEMPT AS SET OUT IN SCHEDULE 2, PART 2, DIVISION 2—PROHIBITED LIST B EXEMPTION, OF THE RULES OF RACING, AND MAY BE ADMINISTERED UP TO BUT NOT INCLUDING THE DAY OF A RACE:

ORAL ANTIMICROBIALS (ANTIBIOTICS)
RANITIDINE (E.G. ULCERGUARD®)
BROMHEXINE
DEMBREXINE (SPUTOLYSIN®)

ANTIPARASITICS APPROVED AND REGISTERED FOR USE IN HORSES

OMEPRAZOLE (E.G. GASTROZOL®, OMOGUARD®)

ORALLY ADMINISTERED GLUCOSAMINE (E.G. JOINT GUARD®)

ORALLY ADMINISTERED CHONDROITIN SULPHATE (E.G. COSEQUIN EQUINE®)

NOTE: ORALLY ADMINISTERED ALTRENOGEST CONTAINING PRODUCTS (E.G. REGUMATE®) SHOULD NOT BE ADMINISTERED TO FILLIES AND MARES WITHIN 1 CLEAR DAY OF RACING.