



COVID-19

## IMPORTANT INFORMATION – NSW PARTICIPANTS

### RACING NSW ROAD MAP

UPDATED 6 January 2022

Racing NSW has conducted a review of its COVID-19 policies having regard to the current situation in NSW and the changes made by the NSW Government in respect to positive COVID-19 cases and the definition of a close contact. The following changes have been made.

### **PUBLIC HEALTH ORDERS & RACING NSW POLICIES**

Racing NSW requires all participants to continue to comply with the Racing NSW COVID-19 Policy and all NSW Health Orders detailed in the link below.

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/public-health-orders.aspx>

All participants should ensure they take personal responsibility for their actions and whenever possible limit their risk of being exposed to COVID-19. Any person that is considered to be a close contact (new definition below) to a positive COVID-19 case, must adhere to all NSW Health requirements and directions, in respect to COVID-19 testing and isolation, before attending a NSW racecourse or licensed premises.

Further any person that is displaying COVID-19 symptoms (as detailed below) must undertake a Rapid Antigen test. If that test returns positive the person must obtain a PCR test, and self-isolate until they receive the negative results. Participants must report to Racing NSW if they or an employee has tested positive to COVID-19 (either a PCR test or Rapid Antigen) to allow Racing NSW to implement a risk minimisation strategy.

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

#### **Most common symptoms:**

- fever
- cough
- tiredness
- loss of taste or smell

#### **Less common symptoms:**

- sore throat
- headache
- aches and pains
- diarrhoea
- a rash on skin, or discolouration of fingers or toes
- red or irritated eyes

#### **Serious symptoms:**

- difficulty breathing or shortness of breath

- loss of speech or mobility, or confusion
- chest pain

### **NEW REQUIREMENTS FOR POSITIVE CASES**

**Positive Case (PCR)** - Any person who tests positive to COVID-19 on a PCR test must follow Health Orders and self-isolate for a minimum of 7 days (see below). All positive PCR cases must be reported to Racing NSW Stewards and any person who undertakes a PCR test must self-isolate until they get a negative result.

Should the positive person

- be fully vaccinated;
- be displaying no symptoms which includes fever, respiratory issues, cough, runny/blocked nose & headache;
- test negative on a Rapid Antigen test on day 6 after they took the positive test and provide the rapid test result to Racing NSW Stewards,

they may leave isolation and attend a racecourse or licensed premises after 7 days. This means the positive person may attend a racecourse or licensed premises on day 8 after testing positive, subject to meeting the conditions above.

- If the person is not fully vaccinated and/or displaying symptoms they must complete 14 days isolation and provide a negative Rapid Antigen test on day 14 prior to leaving isolation.

**Positive Case (Rapid Antigen) – (Effective 6 January 2022)** Any person who tests positive to COVID-19 on a Rapid Antigen test now does not need to obtain a COVID-19 PCR test. The results of the Rapid Antigen test will be considered a positive case to COVID-19 and any person who test positive must self-isolate for a minimum of 7 days (see below). All positive Rapid Antigen tests must be reported to Racing NSW Stewards.

Should the positive person

- be fully vaccinated;
- be displaying no symptoms which includes fever, respiratory issues, cough, runny/blocked nose & headache;
- test negative on a Rapid Antigen test on day 6 after they took the positive test and provide the rapid test result to Racing NSW Stewards,

they may leave isolation and attend a racecourse or licensed premises after 7 days. This means the positive person may attend a racecourse or licensed premises on day 8 after testing positive, subject to meeting the conditions above.

- If the person is not fully vaccinated and/or displaying symptoms they must complete 14 days isolation and provide a negative Rapid Antigen test on day 14 prior to leaving isolation.

## **CLOSE CONTACT (Effective 1 January 2022)**

**Close Contact with Positive Case (PCR or Rapid Antigen)** – A close contact is now defined as a person who is a household member with a person who has tested positive to Covid-19 (either PCR or Rapid test) or has been with a person for 4 hours or more in a household like setting (accommodation, care facility or similar), who has tested positive to Covid-19 (either PCR or Rapid test). If you are a Close Contact, you must undertake a Rapid Antigen test if you have no symptoms or a PCR test if you have symptoms. If either test returns positive the above policy in relation to a Positive Case (PCR) or Positive Case (Rapid Antigen) applies. A Close Contact must self-isolate for a minimum of 7 days (see below) and report their Close Contact to Racing NSW Stewards.

If negative on the PCR and/or Rapid Antigen test, and the Close Contact

- leaves the residence where the positive person is residing or has only had one period of extended contact;
- is fully vaccinated;
- is displaying no symptoms which includes fever, respiratory issues, cough, runny/blocked nose & headache;
- tests negative on a Rapid Antigen test on day 6 after they left the residence or from the last time of contact with the positive person,

the Close Contact may leave isolation and attend a racecourse or licensed premises after 7 days. This means the close contact may attend a racecourse or licensed premises on day 8 after testing positive, subject to meeting the conditions above.

- If the Close Contact is not fully vaccinated and/or is displaying symptoms they must complete 14 days isolation and provide a negative Rapid Antigen test on day 14 prior to leaving isolation.
- If the Close Contact remains living with the positive person they increase their risk of becoming infectious with COVID-19 and they must self-isolate for 10 days and undertake a negative rapid antigen test on day 10 prior to leaving isolation.

## **CALCULATING 7-DAY SELF-ISOLATION PERIOD**

Positive COVID-19 cases or Close Contacts are required to self-isolate for a minimum of 7 days, subject to the conditions above. Should the positive COVID-19 person or Close Contact meet the conditions above, they can return to a racecourse or licensed premises on day 8.

Example – John tests positive to COVID-19 on a PCR test or Rapid Antigen test taken on 10 January 2022.

- His period of self-isolation is from 10 January 2022 to 17 January 2022.
- He must provide a negative Rapid Antigen test on 16 January 2022 by sending a photograph of the test cartridge to Racing NSW Stewards [steward@racingnsw.com.au](mailto:steward@racingnsw.com.au)
- On 18 January 2022 he may return to a racecourse or licensed premises.

## **CASUAL CONTACT (Effective 1 January 2022)**

**Casual Contact with Positive Case (PCR or Rapid Antigen) –** A casual Contact is defined as a person who has been in contact with a person who has tested positive to COVID-19 (either PCR or Rapid test) for less than 4 hours. Any person who is a Casual Contact should follow NSW Health orders and monitor for symptoms. A Rapid Antigen test must be taken on two consecutive days before attending a racecourse or licensed premises.

**Monitor For Symptoms (QR Code advice) –** Any person who receives notification from a QR code check in, that they were in attendance where a positive case was present, should follow health advice and monitor for symptoms. It is recommended that a Rapid Antigen test is undertaken prior to attending a racecourse or licensed premises.

## **NEW RESTRICTIONS (Introduced 23 December 2021)**

In accordance with the Public Health Orders the following restrictions have been implemented by the NSW Government, which can be found at the link below.

[Rules for people in NSW | NSW Government](#)

**Face Masks (Effective 24 December 2021) –** face masks are required to be worn when

- in indoor areas other than a place of residence
- in indoor areas of common property of apartment buildings
- at a public transport waiting area
- while on public transport (including in taxis and rideshare services)
- if you are working at a hospitality venue and dealing directly with members of the public
- on an aircraft when the aircraft is flying above NSW and in the airport.

In respect to racecourses and licensed premises face masks are required to be worn and properly fitted at all times when indoors. Stables are not considered to be indoors, however Trainers may voluntarily elect to require their staff to wear face masks if they consider the stables to be high risk. When indoors, participants should wear N95 masks or at a minimum surgical masks. Cloth masks are not effective in preventing the spread of COVID-19. Racing NSW may, in high-risk settings, direct that participants wear masks when outdoors or at stables to minimize the risk of Covid-19 spreading.

**QR Codes Check In (Effective 27 December 2021) –** QR Code check in is required to be used in food and drink premises but not for racecourses. Accordingly race clubs must have QR check in for all indoor food and drink areas but QR Check in is not required to gain entry to a racecourse.

**Density Limits (Effective 27 December 2021) –** For all indoor hospitality areas (including food and drink areas) a density limit of 1 person per 2 square metres apply.

## **JOCKEYS**

- Jockey zones were removed on 4 November 2021 allowing jockeys to ride at any race meeting within NSW.
- Jockeys should ensure they take personal responsibility for their actions and whenever possible limit their risk of being exposed to COVID-19.

- All jockeys and apprentices may ride trackwork and barrier trials. Jockeys should refrain from entering indoor spaces and stables on a racecourse when undertaking trackwork (such as trainers huts).
- Apprentice jockeys may undertake stable duties.
- On a raceday, race clubs must maintain the jockey/official zone to ensure separation from other persons attending the race meeting.
- There are no density limits for jockeys' rooms.
- Jockeys to undertake temperature and symptoms checking before entering the jockeys room.

### **JOCKEYS – RAPID COVID-19 TESTING (Updated 29 December 2021)**

- Jockeys riding at metropolitan and provincial race meetings will be required to undertake a rapid test at home on race morning before attending the race meeting, with the results to be sent to [steward@racingnsw.com.au](mailto:steward@racingnsw.com.au) after the test result has been returned. For those based in the metropolitan and provincial areas, Racing NSW will provide sufficient testing kits and instructions to complete this testing. Jockeys who reside outside these areas, but are riding at a metropolitan or provincial meeting, will be required to report to a rapid testing station (usually in the weighing room) before entering the jockeys' room.
- Due to the high case numbers in the Greater Sydney Area and Newcastle, Jockeys who live in these areas (or surrounding areas as designated by Racing NSW) will be required to undertake a rapid test at home on race morning before attending any race meeting, with the results to be sent to [steward@racingnsw.com.au](mailto:steward@racingnsw.com.au) after the test result has been returned. Racing NSW will provide sufficient testing kits and instructions to complete this testing.

### **RACE MEETINGS AND RACE CLUBS**

**Face Masks (Effective 24 December 2021)** – When indoors, face masks must be worn and properly fitted by all persons attending a racecourse. Participants must wear an N95 or surgical mask when indoors. Stables or race day tie-up stalls are not considered to be indoors.

**QR Codes Check In (Effective 27 December 2021)** – QR Code check in is required to be used in food and drink premises but not for racecourses. Accordingly race clubs must have QR check in for all indoor food and drink areas but are not required to gain entry to the racecourse.

**Density Limits (Effective 27 December 2021)** – For all indoor hospitality areas (including food and drink areas) a density limit of 1 person per 2 square metres apply.

Race clubs must maintain the jockey/official zone to ensure separation from other persons attending the race meeting.

Race clubs may conduct non raceday functions and allow access to the racecourse without the permission of Racing NSW. The non raceday functions must be conducted in accordance with the NSW State Government Public Health Orders.

### **INTERSTATE & INTERNATIONAL TRAVEL**

All persons attending a racecourse should comply with NSW Health Orders when returning to NSW from an international or interstate location.

The previous restrictions placed on persons returning from Victoria have been removed.

**LICENSED PREMISES (STABLES) ACCESS (EFFECTIVE 6 JANUARY 2022)**

Due to the high case numbers in NSW, only Essential Personnel are now permitted to attend Licensed Premises. This includes Owners not being permitted to attend Licensed Premises until further notice.