



COVID-19

IMPORTANT INFORMATION – NSW PARTICIPANTS

RACING NSW ROAD MAP

UPDATED 22 April 2022

Racing NSW has conducted a review of its COVID-19 policies having regard to the current situation in NSW. The following policies are applicable.

PUBLIC HEALTH ORDERS & RACING NSW POLICIES

Racing NSW requires all participants to continue to comply with the Racing NSW COVID-19 Policy, all NSW Health Orders and any other requirements detailed in the links below or otherwise issued by Racing NSW.

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/public-health-orders.aspx>

[Rules for people in NSW | NSW Government](#)

All participants should ensure they take personal responsibility for their actions and whenever possible limit their risk of being exposed to COVID-19. Any person that is considered to be a close contact (definition below) to a positive COVID-19 case, must adhere to all NSW Health requirements and directions, before attending a NSW racecourse or licensed premises.

Further any person that is displaying COVID-19 symptoms (as detailed below) must undertake a Rapid Antigen test. If that test returns positive the person must self-isolate and report to Racing NSW if they or an employee has tested positive to COVID-19 (either a PCR test or Rapid Antigen) to allow Racing NSW to implement a risk minimisation strategy.

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

Most common symptoms:

- fever
- cough
- tiredness
- loss of taste or smell

Less common symptoms:

- sore throat
- headache
- aches and pains
- diarrhoea
- a rash on skin, or discolouration of fingers or toes
- red or irritated eyes

Serious symptoms:

- difficulty breathing or shortness of breath

- loss of speech or mobility, or confusion
- chest pain

REQUIREMENTS FOR POSTIVE CASES

Positive Case (PCR) - Any person who tests positive to COVID-19 on a PCR test must follow Health Orders and self-isolate for a minimum of 7 days (see below). All positive PCR cases must be reported to Racing NSW Stewards and any person who undertakes a PCR test must self-isolate until they get a negative result.

Should the positive person:

- be displaying no symptoms which includes fever, respiratory issues, cough, runny/blocked nose & headache;
- test negative on a Rapid Antigen test on day 6 after they took the positive test and provide the rapid test result to Racing NSW Stewards,

they may leave isolation and attend a racecourse or licensed premises after 7 days. This means the positive person may attend a racecourse or licensed premises on day 7 after testing positive, subject to meeting the conditions above.

Positive Case (Rapid Antigen) – (Effective 6 April 2022) Any person who tests positive to COVID-19 on a Rapid Antigen test now does not need to obtain a COVID-19 PCR test. The results of the Rapid Antigen test will be considered a positive case to COVID-19 and any person who test positive must self-isolate for a minimum of 7 days (see below). All positive Rapid Antigen tests must be reported to Racing NSW Stewards.

Should the positive person:

- be displaying no symptoms which includes fever, respiratory issues, cough, runny/blocked nose & headache;
- test negative on a Rapid Antigen test on day 6 after they took the positive test and provide the rapid test result to Racing NSW Stewards,

they may leave isolation and attend a racecourse or licensed premises after 7 days. This means the positive person may attend a racecourse or licensed premises on day 7 after testing positive, subject to meeting the conditions above.

CLOSE CONTACT (Effective 6pm on 22 April 2022)

Close Contact with Positive Case (PCR or Rapid Antigen) – A close contact is defined as a person who is a household member with a person who has tested positive to COVID-19 (either PCR or Rapid antigen test) or has been with a person who has tested positive to COVID-19 (either PCR or Rapid antigen test) for 4 hours or more in a household like setting (accommodation, care facility or similar).

From 6pm on Friday 22 April 2022 , close contacts will not have to isolate, as long as they have no symptoms and comply with the following guidelines:

- **Do not visit** aged care, hospitals, disability, and correctional facilities unless a special exemption applies;
- Wear a face mask in indoor settings outside the home;

- Undertake daily Rapid Antigen tests before coming into close contact with people outside their household.
- Avoid contact with elderly and immunocompromised persons where possible;
- Work from home where practical;
- Notify their employer/educational facility that they are a close contact, and that they are not required to isolate as long as they comply with the above.

Close contacts will need to comply with the above guidelines for 7 days from the time a person in their household tested positive for COVID-19.

CALCULATING 7-DAY SELF-ISOLATION PERIOD

Positive COVID-19 cases or Close Contacts are required to self-isolate for a minimum of 7 days, subject to the conditions above. Should the positive COVID-19 person or Close Contact meet the conditions above, they can return to a racecourse or licensed premises 7 days after testing positive.

Example – John tests positive to COVID-19 on a PCR test or Rapid Antigen test taken at 10am on 10 January 2022.

- His period of self-isolation is from 10am - 10 January 2022 to 10am - 17 January 2022.
- He must provide a negative Rapid Antigen test on 16 January 2022 by sending a photograph of the test cartridge to Racing NSW Stewards steward@racingnsw.com.au
- After 10am on 17 January 2022 he may return to a racecourse or licensed premises.

CASUAL CONTACT (Updated 22 April 2022)

Casual contact with Positive Case (PCR or Rapid Antigen) – A casual contact is defined as a person who has been in contact with a person who has tested positive to COVID-19 (either PCR or Rapid test) for less than 4 hours. Any person who is a casual contact should follow NSW Health orders and monitor for symptoms.

Monitor For Symptoms – Any person who was in attendance where a positive case was present, should follow health advice and monitor for symptoms. It is recommended that a Rapid Antigen test is undertaken prior to attending a racecourse or licensed premises.

JOCKEYS

- Jockey zones were removed on 4 November 2021 allowing jockeys to ride at any race meeting within NSW.
- Racecourse Jockey/Official zones are removed effective 16 February 2022. Owners/trainer are permitted to enter the mounting enclosure (subject to race club restrictions).
- Jockeys should ensure they take personal responsibility for their actions and whenever possible limit their risk of being exposed to COVID-19.
- All jockeys and apprentices may ride trackwork and barrier trials. Jockeys should refrain from entering indoor spaces and stables on a racecourse when undertaking trackwork (such as trainers huts).
- Apprentice jockeys may undertake stable duties.
- There are no density limits for jockeys' rooms.

- Jockeys to undertake temperature and symptoms checking before entering the jockeys room.

JOCKEYS – RAPID COVID-19 TESTING (Updated 29 December 2021)

- Jockeys riding at metropolitan and provincial race meetings will be required to undertake a rapid test at home on race morning before attending the race meeting, with the results to be sent to steward@racingnsw.com.au after the test result has been returned. For those based in the metropolitan and provincial areas, Racing NSW will provide sufficient testing kits and instructions to complete this testing. Jockeys who reside outside these areas, but are riding at a metropolitan or provincial meeting, will be required to report to a rapid testing station (usually in the weighing room) before entering the jockeys' room.
- Greater Sydney Area and Newcastle, Jockeys who live in these areas (or surrounding areas as designated by Racing NSW) will be required to undertake a rapid test at home on race morning before attending any race meeting, with the results to be sent to steward@racingnsw.com.au after the test result has been returned. Racing NSW will provide sufficient testing kits and instructions to complete this testing.

RACE MEETINGS AND RACE CLUBS

Horse Arrival Times (Effective 25 February 2022) – Trainers are advised that horses are now required to be on course in accordance with NSWLR46

- Metropolitan - 2 hours prior to starting time of race
- Provincial & Country – 90 minutes prior to starting time of race.

Face Masks (Effective 25 February 2022) – Face masks are no longer required to be worn when on a racecourse. Participants must continue to follow NSW Health directions in respect to wearing face masks in other settings such as on public transport, in airports and hospitals.

QR Codes Check In (Effective 18 February 2022) – QR Code check in is not required for racecourse or stables.

Racecourse Jockey/Official zones are removed effective 16 February 2022. Owners/trainer are permitted to enter the mounting enclosure (subject to race club restrictions).

Race clubs may conduct non raceday functions and allow access to the racecourse without the permission of Racing NSW. The non raceday functions must be conducted in accordance with the NSW State Government Public Health Orders.

INTERSTATE & INTERNATIONAL TRAVEL

All persons attending a racecourse should comply with NSW Health Orders when returning to NSW from an international or interstate location.

The previous restrictions placed on persons returning from Victoria have been removed.

LICENSED PREMISES (STABLES) ACCESS (EFFECTIVE 16 FEBRUARY 2022)

The restriction on stable access has now been removed and entry to stables is at the discretion of the trainer.