



# RACING NSW CLEAR DAY RULE CHART

THESE CHARTS RELATE TO RULES OF RACING WHICH PROHIBIT THE ADMINISTRATION OF SUBSTANCES OR TREATMENTS FOR A NUMBER OF CLEAR DAYS PRIOR TO A RACE, TRIAL OR JUMP OUT.

THE CHARTS SEEK TO ASSIST TRAINERS BY VISUALLY SHOWING THE DAYS ON WHICH SUBSTANCES OR TREATMENTS CANNOT BE ADMINISTERED.

THE YELLOW HIGHLIGHTS REPRESENT **CLEAR DAYS** ON WHICH THE SUBSTANCE OR TREATMENT CANNOT BE ADMINISTERED.

THE GREEN HIGHLIGHTS REPRESENT THE DAY OF THE **RACE, OFFICIAL TRIAL OR JUMP OUT**. (NOTE: RESTRICTIONS BEFORE RACE, TRIAL OR JUMP OUT VARY WITH THE PARTICULAR RULES.)

THE RED HIGHLIGHTS REPRESENT THE **LAST DAY THE SUBSTANCE OR TREATMENT CAN BE ADMINISTERED**.

THESE CHARTS SHOULD BE READ AND UNDERSTOOD IN CONJUNCTION WITH THE “CONTROL OF RACE DAY MEDICATION INFORMATION” POSTER.

## 8 CLEAR DAYS — INTRA-ARTICULAR CORTICOSTEROIDS (AR 64M) (INCLUDING BUT NOT LIMITED TO KENACORT®, CELESTONE®, DEXAMETHASONE)

MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT
IA CS ADMIN	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT			
			IA CS ADMIN	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACE DAY, TRIAL OR JUMP OUT

## 7 CLEAR DAYS — SHOCK WAVE (AR 64H)

MON	TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED	THURS	FRI	SAT
	SHOCK WAVE TREATMENT	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACE DAY or TRIAL			
				SHOCK WAVE TREATMENT	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	CLEAR DAY	RACE DAY or TRIAL

## 1 CLEAR DAY — ALKALINISING AGENTS (AR 178AA) & STOMACH TUBING (AR 64G)

MON	TUE	WED	THU	FRI	SAT	SUN
STOMACH TUBE TREATMENT, ALKALINISING AGENT ADMINISTRATION	CLEAR DAY	RACE DAY, TRIAL or JUMP OUT				
			STOMACH TUBE TREATMENT, ALKALINISING AGENT ADMINISTRATION	CLEAR DAY	RACE DAY, TRIAL or JUMP OUT	

## 1 CLEAR DAY — INJECTIONS (AR 178AB)

MON	TUE	WED	THU	FRI	SAT	SUN
ALL INJECTIONS	CLEAR DAY	RACE DAY				
			ALL INJECTIONS	CLEAR DAY	RACE DAY	

## EXEMPTED SUBSTANCES (AR 178C (2))

MON	TUE	WED	THU	FRI	SAT	SUN
	EXEMPTED SUBSTANCES	RACE DAY				
				EXEMPTED SUBSTANCES	RACE DAY	

THE FOLLOWING SUBSTANCES ARE EXEMPTED FROM THE PROVISIONS OF RULE AR 178B, AND MAY BE ADMINISTERED UP TO BUT NOT INCLUDING THE DAY OF A RACE

ORAL ANTIMICROBIALS (ANTIBIOTICS)

RANITIDINE (E.G. ULCERGUARD®)

BROMHEXINE

DEMBREXINE (SPUTOLYSIN®)

ALTRENOGEST WHEN ADMINISTERED ORALLY TO FILLIES AND MARES (E.G. REGUMATE®)

ANTIPARASITICS APPROVED AND REGISTERED FOR USE IN HORSES

OMEPRAZOLE (E.G. GASTROZOL®, OMOGUARD®)

ORALLY ADMINISTERED GLUCOSAMINE (E.G. JOINT GUARD®)

ORALLY ADMINISTERED CHONDROITIN SULPHATE (E.G. COSEQUIN EQUINE®)

CREATED WITH ASSISTANCE FROM DR BEN MASON, CROWN EQUINE VETERINARY SERVICES, VICTORIA

IF YOU ARE UNSURE PLEASE CONTACT RACING NSW STEWARDS OR VETERINARY DEPARTMENT  
DR CRAIG SUANN 02 8344 5050 STEWARDS 02 9551 7541

This should not be regarded as a substitute for a comprehensive study of the Australian and NSW Local Rules of Racing which are available at [www.racingsw.com.au](http://www.racingsw.com.au)